

Skin improvement by Astaxanthin and Tocotrienols abstract, Yamashita, 2002

#12. Yamashita, E. (2002). "Cosmetic Benefit of Dietary Supplements Containing Astaxanthin and Tocotrienol on Human Skin." *Food Style*. 21 6(6):112-17.

ABSTRACT

Capsules contg. astaxanthin 2 and tocotrienol 40 mg/capsule were administered to volunteer females (aged 38-42) with dry skin for 4 wk, and the skin condition including skin moisture contents, sebum contents, and wrinkle condition were studied. The results showed skin condition-improving effect of combination of astaxanthin and tocotrienol.